



2024 NBIAA PROVINCIAL CHAMPIONSHIP

BUILDING SKILLS SCORE SHEET

Team: _____ # of Athletes _____

STUNT DIFFICULTY		Degree of difficulty; % of team participation (÷ 4); minimal use of bases; variety of load-ins, dismounts and transitions; additional skills and combination of skills (non-level included)	
No Skills Performed	0		
Low Difficulty	0-2		
Average to Above Average Difficulty	2-4		
Very Difficult Skills	4-5		
STUNT EXECUTION		Demonstrated ability of technique, stability, flexibility, and synchronization in stunts	
No Skills Performed	0		
Below Average Execution	0-4		
Average to Above Average Execution	4-8		
Excellent Execution	8-10		
PYRAMID DIFFICULTY		Degree of difficulty; % of team participation (÷ 4); minimal use of bases; variety of load-ins, dismounts and transitions; additional skills and combination of skills (non-level included)	
No Skills Performed	0		
Low Difficulty	0-2		
Average to Above Average Difficulty <i>(with 2 or more structures)</i>	2-4		
Very Difficult Skills <i>(with 2 or more structures)</i>	4-5		
PYRAMID EXECUTION		Demonstrated ability of technique, stability, flexibility, and synchronization in pyramids	
No Skills Performed	0		
Below Average Execution	0-4		
Average to Above Average Execution	4-8		
Excellent Execution	8-10		
BUILDING CREATIVITY		Demonstrated innovative, visual, unique, and intricate skills	
Below average creativity	0-2		
Average to above-average creativity	2-4		
Excellent creativity	4-5		
		Total / 35	



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JUMPS & TUMBLING SCORE SHEET

Team: _____ # of Athletes _____

JUMP EXECUTION/ DIFFICULTY		Degree of difficulty (Variety, combinations, types of jumps, flexibility & strength required for jump type); % of team participation; synchronization; height of jump(s)
No Skills Performed	0	J / 5
Jump skills executed with poor to below-average technique, perfection, flexibility, and synchronization	0-2	
Jump skills executed with average to above-average technique, perfection, flexibility, and synchronization	2-4	
Jump skills executed with excellent technique, perfection, flexibility, and synchronization	4-5	
TUMBLING DIFFICULTY		Degree of difficulty; % of team participation variety & combination of skills; synchronization of skills
No Skills Performed	0	TD / 5
Non-difficult skills/passes	0-2	
Average to above-average difficulty	2-4	
Very difficult skills/passes	4-5	
TUMBLING EXECUTION		Demonstrated ability of technique & synchronization (Execution, body positioning, control, speed, height, landings, timing/synchronization, uniformity of technique)
No skills performed	0	TE / 05
Below-average technique & synchronization	0-2	
Average to above-average technique & synchronization	2-4	
Excellent technique & synchronization	4-5	
		Total / 15



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OVERALL SCORE SHEET

Team: _____ # of Athletes _____

DANCE EXECUTION		
No dance or motion sequence performed	0	D / 5
Below average uniformity of technique & synchronization. Below average in precision of movement/perfection. Minimal energy/confidence displayed by athletes	0-2	
Average to above average uniformity of technique & synchronization. Some precision of movement/perfection. Some energy/confidence displayed by athletes	2-4	
Excellent uniformity of technique & synchronization. Excellent precision of movement/perfection. High energy/confidence displayed by athletes	4-5	
FORMATIONS / TRANSITIONS		
Below average spacing & seamless patterns of movement. Below average degree of difficulty, few timing problems throughout routine along with poor to below average use of the floor and minimal visual elements	0-4	F&T / 10
Average to above average spacing & seamless patterns of movement. Average to above average degree of difficulty with few timing problems throughout routine along with average to above average use of the floor and visual elements	4-8	
Excellent spacing & seamless patterns of movement and degree of difficulty. Formation changes are cleanly executed with little to no timing problems. Formation changes throughout the routine that add to visuals and excitement of routine. Great use of the floor.	8-10	
OVERALL ROUTINE IMPRESSION AND SHOWMANSHIP		
Below average effectiveness in performing a comprehensive and positive memorable experience	0-4	ORI&S / 10
Average to above average effectiveness in performing a comprehensive and positive memorable experience	4-8	
Excellent effectiveness in performing a comprehensive and positive memorable experience	8-10	
TOTAL SCORE		
		Total / 25