

SECTION 5

NEW BRUNSWICK INTERSCHOLASTIC ATHLETIC ASSOCIATION



OPERATING REGULATIONS

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O.R. 1 - FEES

1.1 Annual membership dues shall be \$300.00 per school.

Note: Registration is confirmed upon receipt of payment. A late administration fee of \$50 will be assessed if payment is received after September 15th. Members not in good standing will be ineligible from all NBIAA activities after this date until the fine is received at the NBIAA office.

1.2 Each team registration shall be \$50. Exception: badminton (junior boys and girls combined, senior boys and girls combined), track & field (boys, girls, junior and senior combined). The team registration fee for boys and girls hockey will be \$200 per team. The team fees and the insurance fees are due by the players' list deadline. A late administrative fee of \$20 per team is applied if fees are not paid by the appropriate deadlines.

1.3 A U.S. Sanction Fee of \$50 is required for schools to compete against teams in the United States. This fee must be paid prior to travelling in the United States.

1.4 Insurance Fee

- \$4.50 per athlete for all sports except hockey
- Hockey: \$60 per player; \$30 per coach; \$25 per non-coaching staff

O.R. 2 - REGISTRATION

2.1 The School Membership Form, Register an Activity Form and the Team Personnel Form **must** be submitted using the NBIAA Online System. The School Membership Form and the Fall Activities must be submitted online by June 1st. When submitting the Team Personnel Form, please make sure the athletes name, date of birth, year entered grade 9 and their current grade is accurate. The names and contact information of all the coaches, managers and trainers must be submitted with the players list for insurance purposes. Schools will be assessed a penalty of \$50 for each coach not on the team personnel form.

Schools that wish to enter or withdraw from activities before the deadlines may do so through the NBIAA Online Forms. Once the deadlines have passed, schools must notify the NBIAA office by e-mail to enter activities and in order to withdraw from activities, schools must access our Online system and select the activities they wish to withdraw. By withdrawing online, it automatically notifies the NBIAA office. The NBIAA office will not accept any phone call notifications to enter or withdraw from activities.

2.2 Schools which register for activities requiring a June 1st entry deadline may withdraw by the first Friday after the start of the school year, without penalty, if unforeseen circumstances occur over the summer. Notification of registrations or withdrawals for all activities are due at the deadline date. A school withdrawing from an activity after the deadline

date may be subject to a fine of up to \$200 and possible suspension from participating in that activity in the succeeding season. The penalty is subject to appeal to the Executive Committee. Schools requesting to withdraw from activities before or after the official deadline dates must do so through the NBIAA online system.

- 2.3 Schools that wish to register after the official activity due date must request special permission from the NBIAA. (Exception: A school may register by e-mail to the NBIAA office, subject to a \$50 penalty, after the stated deadline.) Schools requesting to enter activities before the official due dates must edit their Activity Entry Form online and the NBIAA office will be notified.
- 2.4 Schools will be assessed a fee of \$100 plus applicable insurance per student when adding to a players' list after the deadline date. Late players must be added prior to competing and no later than one week prior to the Regional. Group A * activities and all exhibition teams will be assessed a fee of \$25 plus applicable insurance per student. All late player additions must be submitted using the NBIAA Team Personnel Form signed by the school Principal. * Badminton, cheerleading, cross-country, curling, golf, swimming, wrestling and track & field.
- 2.5 A players' list emailed or faxed to the NBIAA office after the due date will be subject to an administrative fee of \$200. After a period of 5 school days, the team will be declared ineligible for the remainder of the season.
- 2.6 Failure to pay a fine within fourteen days from the date it was levied shall result in the suspension of the school concerned from all NBIAA activities until the fine is received at the NBIAA office.
- 2.7 Reclassification
The deadline for receipt of application for reclassifications in all fall and winter activities shall be April 15th and the deadline for the spring activities shall be June 15th. Applications for sports reclassification to be done every 2 years, starting April 2014, 2016, 2018, etc.
- Applications must be sent to the NBIAA office using the 'form 1415' on the website.
 - Schools given permission to reclassify must compete at the new level for 2 full years, unless extenuating circumstances arise that warrant a change as determined by the NBIAA Executive.
 - Reclassification requests must be sport specific.
 - A fine of \$400 will be applied to schools that withdraw after receiving the reclassification decision and possible suspension the following year.

O.R. 3 - ELIGIBILITY & RECRUITMENT

- 3.1 No student may participate in athletics for a school in which they are not enrolled.

- 3.2 A sport specific education program allows for sport specific education, training, instruction and/or competition; provides sport skills training in a targeted sport; provides other training/education such as, but not limited to, weight training, sport nutrition, or mental training to support the targeted sport. If this program involves more than 50% of instructional time in one sport, it is considered a sport specific education program.

A student is allowed to enrol in a sport specific program for one semester and will remain eligible to compete in that sport with the NBIAA. Once the student enrolls in a second sport specific program of that same sport, they become ineligible to participate with the NBIAA for that sport until graduation.

- 3.3 Insurance becomes available once the player meets the eligibility requirements of the NBIAA.
- 3.4 The NBIAA strongly condemns any attempt to recruit a student-athlete into a member school. A recruiting prohibition discourages exploitation of students: prevents over-emphasis of athletics; gives average student-athletes more opportunity to participate; discourages adults from jeopardizing a student's eligibility and prevents misuse of athletic programs.
- Definition:** recruiting is defined as a representative of a school, either directly or through another party, encouraging a student to attend a school other than that in whose catchment area he or she resides, for the purpose of being involved in extracurricular sport. The school representative could be a teacher, administrator, school district employee, school employee, student, parent, alumnus or any person representing themselves as a school contact.
 - Indicators of Recruiting:** there are many legitimate times that a school representative and/or coach of a school team will be in contact with students from another school. Therefore, indicators of recruiting have been developed to provide parameters of behaviour expectations for coaches and other school representative(s). For brevity, the term "coach" is used, but the policy applies equally to coaches or any other school representatives as listed above.
 - a coach shall not initiate contact with any student who does not attend, or does not directly feed into the coach's school, in order to suggest, encourage or explain a transfer to a different school.
 - a coach shall not encourage any other person, including past and present players, to contact any student to suggest, encourage or explain a transfer to a different school.
 - a coach shall not permit a student who is not currently enrolled at the coach's school, or whose present school does not directly feed into the coach's school, to participate in team practices or participate in scheduled team activities (including travel to games/events, team meetings or trips), unless specifically agreed to by the NBIAA.
 - a coach shall not permit a student who is not currently enrolled at the

coach's school, or whose present school does not directly feed into the coach's school, to attend "open gym" at the coach's school or attend spring or summer practices, games or camps specifically designated for enrolled students.

- e) a coach shall not entice a student who is not currently enrolled at the coach's school, or whose present school does not directly feed into the coach's school, into transferring to the coach's school. Examples of the applicable situations are listed below, but are not limited to:
- i. Providing particular inducements such a preferential accommodation, reduced fees or employment at any camp program
 - ii. allowing the non-enrolled student to accompany the team to a school or team function, or by offering a discounted or special admission to any school function, including team games
 - iii. providing a non-enrolled student with team plans, practice outlines or game plans
 - iv. providing transportation, equipment, clothing/footwear or financial inducement in order to facilitate a non-enrolled student's involvement in out-of-season contests, leagues, camps, clinics or related programs
 - v. inviting or allowing a student who is transferring to the coach's school to reside with the coach (and/or coach's family) who is not the student's parent or legal guardian or being financially supported in anyway by a coach or institution
 - vi. a coach shall not use an evaluation process from an out-of-season program or camp to suggest that a student transfer to any other school other than the one at which he or she is currently enrolled or into which they will directly feed
- f) Student Approaching a Coach: If a coach is approached by any student who is not enrolled at the coach's school, or by any student who will not directly feed into the coach's school, with questions or comments regarding any sports program at the coach's school, the coach must direct the student to the school administration or school district office. Once a student has registered at the coach's school, the coach may discuss school teams.
- g) offering monetary or transportation assistance to a student, parent or guardian (including fees, tuition, bus passes or other allowances or waivers). Provided however, that for the purposes of these regulations, waiver or any fee ordinarily charge to an international student by a school, shall not necessarily be considered undue influence or recruitment. Provided further that, when determining whether undue influence or recruitment exists, the NBIAA Executive shall be entitled to consider whether such fees are waived for students not involved in athletic activities.

If a person has knowledge of undue influence or recruitment, as defined herein and allegedly committed by any other student, coach, teacher, school staff, or administrative personnel connected with an NBIAA member school, he/she shall provide written notice of the allegation of undue influence or recruitment to the Executive Director.

Sanctions and Penalties: Upon reporting of a recruiting violation **in writing and signed by the school Principal** to the NBIAA, the Executive Director shall initiate an investigation of the allegations contained in the written notice. The Executive Director will present the written complaint to the school involved and require a written response from the Principal by 4:00 PM of the next business day.

Any school staff or administrative personnel of the school involved, who fails or refuses to cooperate with and assist in the investigation conducted by the Executive Director, may result in the team being excluded from all competition or subject to alternative penalties as determined by the NBIAA Executive Committee.

Should the investigation result in confirmation of recruiting, the NBIAA Executive committee will review the infraction and sanctions may range from:

1. The player and / or team may be ineligible for participation in NBIAA provincial playoffs within the same season of play.
2. Be fined up to \$1000.00
3. Have the head coach ruled ineligible for participation within the CURRENT and NEXT season of play.
4. Be subject to any or all of the above mentioned penalties or to alternative penalties as determined by the NBIAA Executive Committee.

O.R. 4 - JUNIOR CHAMPIONSHIP DIVISION

- 4.1 Junior competitions shall be conducted in similar manner to senior competition in regards to regional play and the number of teams (volleyball exception) advancing to provincial tournaments.
- 4.2 Junior games shall be of the same duration as senior games.
- 4.3 Junior soccer championships will be conducted one (1) week prior to the senior tournaments; basketball and volleyball two (2) weeks before senior events. Badminton, cross country running, swimming, track & field and wrestling will be held in conjunction with the senior championships.
- 4.4 A junior eligible player may participate in a maximum of three (3) senior games or matches prior to the players' list deadline without the loss of junior eligibility.
- 4.5 After the players' list deadline, a junior player can be transferred to the senior team. Such actions constitute a permanent move. A player cannot be transferred up if their team has competed in regional play.
- 4.6 Officials for regional and provincial tournaments are to be assigned from host Conference, where possible, using 'A' rated officials.
- 4.7 Hosting shall be on a Conference rotation.

O.R. 5 - CLASSIFICATION OF SCHOOLS

- 5.1 A classification review shall take place every third year with any changes to be implemented one (1) year hence.

O.R. 6 - FINANCIAL AFFAIRS: CHAMPIONSHIP EVENTS

- 6.1 All expenses for officials must be covered by entry fees from all participating teams (host included if involved).
- 6.2 The NBIAA shall receive a percentage of net profits from regional to provincial championship events. See each sport O.R. for more details.
- 6.3 An admission must be collected from NBIAA Regional to Provincial competitions. The rates of \$5 per adult and \$2 per student are on a per game or per day basis, unless otherwise specified. For events held outside without a fenced in field, admission is not required.
- 6.4 Teachers, on showing their NBTA membership card, will be exempt from paying admission fees to NBIAA events, except NBIAA Final Championships.

O.R. 7 - PROVINCIAL TOURNAMENTS/EVENTS

- 7.1 The maximum number of entries per region shall be as follows:
 Badminton - 4 for each of 5 categories
 Baseball - 2
 Basketball - Jr. - 3, Sr. - 4
 Cross Country - 4 top teams + 4 top individuals (totalling 32 runners)
 Curling - 4
 Field Hockey - 2
 Football - 2
 Golf - 4 teams + 4 top individuals
 Ice Hockey - 2
 Rugby - 2
 Soccer - 2
 Softball - 2
 Track & Field - 8 per individual event + a school may enter 1 team per relay
 Volleyball - Jr. - 4 and Sr. - 2
 Regional play is not required for: Cheerleading and Wrestling.
- 7.2 Consolation play, not effecting final standings, shall not be played.
- 7.3 The selection of tournament all-stars and MVP are prohibited.
- 7.4 Player of the game/match recognition is permissible.
- 7.5 The presentation of Sportsmanship Banners are acceptable providing there are not formal obligations to the Association.
- 7.6 Any member who commits to host a NBIAA Provincial Championship and fails to do so may be subject to a penalty of \$200, and a possible suspension for participating in the activity in the following season.

O.R. 8 - ALL-STAR GAMES

- 8.1 One all star game for girls and one all star game for boys will be sanctioned per sport. Games will be organized by the sport specific coaches associations without executive committee involvement. The Association will not bear any financial responsibility for such events.

O.R. 9 - WEATHER POLICY

The safety of players, coaches, management and spectators is the primary concern in any weather event that occurs during all NBIAA sanctioned activities. By understanding and following the information below, the safety of everyone shall be greatly increased. Ultimately the referee has the final say over delaying or restarting a match due to weather. Referees are expected to act responsibly when dealing with such events during matches they are controlling. (See Lightning Protocol in the Appendix Section of the Handbook)

The NBIAA and all schools involved in Conference, Regional or Provincial tournaments must be notified of changes to schedules if weather forces a delay or cancellation. Confirmation must be received from all schools involved regarding changes.

No teams shall travel until they are notified that everything is on schedule.

- 9.1 No NBIAA sanctioned league games, exhibition games or tournaments are allowed to be played if any school involved is closed by their district's superintendent. When school districts are closed, all NBIAA activities within that school district are cancelled and teams are not permitted to travel.
- 9.2 The NBIAA will suspend regional playoffs and provincial championships if the schools involved in these competitions are closed by their district's superintendent.
- 9.3 All schools hosting regional playoffs and provincial championships are to contact the NBIAA Executive Director to prepare alternate schedules that would come into effect if the events are postponed.
- 9.4 For safety reasons, all private schools are to be considered closed if their local school district is closed.
- 9.5 Teams involved in regional and provincial tournaments, that run over two or more days, must be prepared to stay overnight if weather becomes a safety issue.

O.R. 10 - SAFETY GUIDELINES FOR INTERSCHOOL ATHLETIC PROGRAMS

All coaches must fulfill their obligation to provide the safest possible environment for their athletes by following the Safety Guidelines for Physical Education in New Brunswick (Secondary Interscholar Athletics—Module 6, 2014) and Policy 709 (Student Physical Activity Safety Standards) published by the Department of Education and Early Childhood Development.

First Aid Certified & High Risk Sports - The following sports are considered High Risk through the Dept. of Education - Safety guidelines for Physical Education : Cheerleading, Field Hockey, Football, Hockey, Rugby, Swimming, Track and Field – Discus, High Jump, Javelin, Shot put and Wrestling.

For the high risk sports, a member of the coaching staff must be first aid

certified with the team at all practices and events. The minimum requirement for first aid coverage is the presence of an individual who takes responsibility for providing first aid to injured participants throughout the entirety of a practice and competition. For further information, refer to the First Aid Coverage for Activities as per Module 6 above.

The Safety Guidelines on “Universal Precautions Re: Blood and Bodily Fluids” must be followed along with the following precautionary measures to reduce the spread of infectious diseases such as Aids, hepatitis, etc., when blood is present:

- 10.1 Any athlete with an open wound (cut, scrape, blister, etc.) from which blood, plasma, or pus is escaping should be removed from competition by an official at his/her discretion and should not be allowed to return until the wound has been adequately covered.
- 10.2 Any athlete whose uniform is bloodied either with their own or someone else's blood should be removed from the game by the official at his/her discretion until said uniform has been exchanged, cleaned* or the affected area adequately covered.
*Blood spots may be cleaned on the site by spraying a 10% bleach solution (Solution must be prepared daily).
*Any bloodied uniform should be laundered in hot soapy water.
- 10.3 Any athlete returning to the game after a "blood policy infraction" must be cleared by a game official.
- 10.4 Any team official dealing with blood in the cleaning/covering of wounds or uniforms must wear clean latex surgical gloves for the protection of all parties. (gloves are relatively inexpensive and available at any drug store)
- 10.5 Gloves must be disposed of in a separate plastic bag after use (if no bag is immediately available, pull the gloves inside out). Do not reuse gloves even though they appear clean.
- 10.6 All teams should make provisions to have extra uniforms or adequate uniform substitutes which an official could approve.
- 10.7 Air horns or any other electronic amplifiers will not be permitted during NBIAA events. If the NBIAA event organizer, the officials or the NBIAA questions the safety or appropriateness of any noise maker, we will ask for it to be removed from the event.

O.R. 11 - DISCIPLINE

- 11.1 Team personnel ejected from a game, or a game of a match, for disciplinary measures shall be suspended from the remainder of that contest and the next played scheduled game or match (exhibition, conference, regional or provincial). Any further disciplinary action should come from the Conference Disciplinary Committee or the Executive Committee. Any team personnel who incurs a suspension cannot participate in any NBIAA activities (league, playoff, exhibition or tournament) in any capacity (i.e. coaching, officiating, playing, etc.)

until such suspension has been served. Athletes can remain practicing and coaches cannot coach in any capacity until that suspension has been served. No additional competitions may be added to a team's schedule until after the suspension has been served. Team personnel may not communicate with his/her team before a game / match, between periods, at half-time or after a game while serving a suspension. Such action will result in a minimum 5 game suspension. If a coach is ejected from a contest and an assistant coach or an assigned school representative is not available to continue as coach, the event is terminated and forfeited to the opponent. If the ejection takes place during a semi-final regional or provincial event, the athlete is suspended from the next scheduled game, excluding exhibition games.

- 11.2 Any player or coach backing an official into a physically threatening position (grabbing or pushing official) shall be suspended from interscholastic sports for one (1) year. Any verbal abuse to an official shall be acted upon by the NBIAA upon receipt of written notification by an NBIAA member school or officials association. A three game suspension will be the minimum penalty, but additional disciplinary action may come from the Executive Committee upon further review of the NBIAA.
- 11.3 The head coach, as a representative of the school, is responsible for the conduct of all personnel composing of the school's team (players, assistant coaches, and other bench personnel). Any coach who removes his/her team from the court, ice or playing field prior to the conclusion of a game or match may be suspended for one year.
- 11.4 Any conduct including, but not limited to deliberate intent to injure, fighting, verbal abuse, tobacco, drugs and alcohol use, that results in dishonour to the athlete, the team, the school or the NBIAA will not be tolerated. Team personnel guilty of such conduct will have a 3 game suspension on their first offence; 5 game suspension of their 2nd offence and they will have an indefinite suspension on their 3rd offence. Team personnel guilty of misconduct before, during or immediately after a game shall be reported to the NBIAA office in writing (fax or e-mail) or telephone by a member school administrator, official, or tournament manager as soon as possible after the misconduct occurs. (Any penalty for inappropriate behaviour that are outlined in the Department of Education's Policy 703 will be administered by the school or schools involved.) Upon further review of the incident, the NBIAA reserves the right to impose further sanctions.
- 11.5 All NBIAA activities are to be alcohol, tobacco and drug free for all players, coaches, parents, officials and spectators. This applies to activities held on school property, as well as rented community facilities. (See Department of Education Policy 315 on community use.)
- 11.6 Coaches and players not following the fair play code of ethics may be suspended or placed on probation for a year.

- 11.7 When any school event or game is held or played outside the school's facilities, the administration of the school retains the right to discipline those involved as if the event or game was held or played on school property. The host school and/or school representative is responsible for safety, good order and discipline, and can take disciplinary action when necessary.
- 11.8 To prevent a legal challenge concerning liability, a member school shall not allow a non-school team use its' name, uniforms or equipment.
- 11.9 Upon receiving the Incident Report Form (No. 1411) of the improper conduct, the NBIAA, Conference President(s) and / or Hockey Coordinator(s) will refer to By-Law Article 11.

O.R. 12 - ACTIVITY CALENDAR

- 12.1 In order to avoid conflicts which may occur relative to other school or non-school activities, the Executive Committee is empowered to make changes in the Calendar where deemed necessary.

O.R. 13 - CANADA GAMES

- 13.1 No NBIAA sanctioned playoffs or Provincial Tournaments shall be scheduled so as to conflict with Canada Games.

O.R. 14 - SUNDAY GAMES

- 14.1 Schools may be required to engage in competition on a Sunday if extenuating circumstances arise upon approval of the NBIAA Executive Director.

O.R. 15A - AFFILIATION OF COACHES' ASSOCIATIONS

- 15.1 The NBIAA encourages high school coaches in any activity to join together to improve competition and communication in that activity.
- 15.2 Any activity-specific association of NBIAA coaches may apply to the Executive Committee for recognition, providing:
- all coaches in that activity in high schools are eligible to join, and the association submits its' constitution to the Executive Committee for review and approval, and the association regularly elects an executive from among its' members and
 - the association holds an annual meeting sometime each year prior to the NBIAA Annual General Meeting.
- 15.3 Amendments to the NBIAA Operating Regulations specific to an activity may be considered at the Coaches' Association AGM of that activity. Any recommendations advanced to the Executive Committee from a Coaches' Association must have been properly moved, seconded and approved by at least 75% of members present at the AGM of that activity. All recommendations must be forwarded to the Executive Committee for discussion and approval .
- 15.4 The NBIAA will not pay additional charges to outside associations.

O.R. 15B - NBIAA Coaching Certification

The NBIAA has developed an online coaching course designed to educate the

teacher coach, as well as the non-teacher coach who has volunteered to coach in our New Brunswick high schools.

This course will cover topics such as the Role of the High School Coach, School Sport Philosophy, NBIAA policies, School procedures, practice planning and the coach and interpersonal skills.

All registered members on the coaching staff must have successfully completed the NBIAA coaching certification course, prior to the beginning of the sport season. If a coach is not certified, they will not be able to coach until they have taken and passed the course.

O.R. 16 - PROTESTS

- 16.1 Any protest involving conference or regional competition, including playoffs, shall be referred to the governing body as described in the Constitution.
- 16.2 Personnel from a school directly involved in a protest shall not hear that protest.
- 16.3 No member of the Executive Committee shall serve on a committee to hear a protest if he/she is in a conflict of interest position or if he/she, as a member of the Executive Committee, has previously rendered a decision on the matter under protest.
- 16.4 Provincial tournaments, subject to authorization by the NBIAA President, may have a "Protest Committee" established. Such committee may include the Tournament Manager, Referee-in-Chief and neutral persons.

O.R. 17 - CONFERENCE / REGIONAL FORMAT

- 17.1 If a Conference has less than three (3) teams in an activity, then two conference presidents and the appropriate executive members will decide on the structure for regional advancement. If no agreement can be reached, then interlocking play shall take place with the other Conference in the regional set-up. The proposal shall be sent to the NBIAA for approval. No league play may commence before such approval has been received.
- 17.2 All playoffs and tournaments must be carried out to their conclusion in order to attain competitive rankings leading into provincial play. All playoffs will consist of a maximum of 4 teams or less.
- 17.3 Formats for single elimination play (except hockey) shall be:
- Regional – Four (4) teams: North/East 1N vs. 2E, 2N vs. 1E
South/West 1S vs. 2W, 2S vs. 1W
- Provincial – Four (4) teams: 1NE vs. 2SW, 2NE vs. 1SW
- Regional – Eight (8) teams: Jr. Basketball, Volleyball & Curling only
North/East - Top Bracket: 1N vs. 4E, 3N vs. 2E
Bottom Bracket: 2N vs 3E, 4N vs 1E
South/West - Top Bracket: 1S vs 4W, 3S vs 2W
Bottom Bracket: 2S vs 3W, 4S vs 1W

Provincial – Eight (8) teams: Sr. Basketball, Jr. Volleyball & Curling only

Top Bracket: 1NE vs 4SW, 3NE vs 2SW

Bottom Bracket: 2NE vs 3SW, 4NE vs 1S

**Formats not included here will be detailed in their sport O.R.*

17.4 All Regional schedules must be submitted to the Executive Director for approval. The first place team may have the right to host regional play where required, pending conference approval.

17.5 NBIAA ONLINE SCHEDULES & SCORES

Entering schedules and scores has become mandatory for all team sports. The NBIAA is recommending that all scores be submitted online within 48 hours of the game and must be updated two weeks prior to the Regional and within 24 hours of your last game. An administration fee of \$50 will be applied if the scores are not entered 24 hours following your last game before Regionals.

O.R. 18 ATHLETIC CALENDAR REGULATIONS

18.1 The Executive Committee shall be responsible for preparation of the annual schedule of activities.

18.2 The length of an activity season must be at least one (1) calendar month.

18.3 Interscholastic sports shall have three competitive seasons:

- a) Fall – School opening to the Saturday prior to Remembrance Day.
- b) Winter – November 10th or the second Friday in November, whichever comes first to the last Saturday in February
- c) Spring – Last Monday in February to the first Saturday in June

The sports that fall in these three competitive seasons may not begin play (league games, exhibition games, controlled scrimmages, jamborees or tournaments) before their respective start dates.

Exception:

Ice Hockey season – September 20th - Practices can begin - League play begins on November 10th or the second Friday in November, whichever comes first. (No team involved in a fall sport provincial championship will be forced to play a league game until the championship is over.)

Football - schools will be allowed to play an exhibition controlled scrimmage the weekend prior to the first day of school.

Formal try-outs or practices will be restricted to three (3) weeks prior to the beginning of the season. (Hockey on October 1st.)

School teams can practice or train only during seasons of play.

Regular league play for team sports is to be completed the Sunday prior to any regional event.

Only teams who are eligible to play after regional weekend are those who have qualified for championship play.

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NBIAA SEASONS OF PLAY

FALL <small>(School Opening to Sat. prior to Remembrance Day)</small>	WINTER <small>(Nov. 10 or the second Friday in November, whichever comes first to last Sat. in February)</small>	SPRING <small>(Last Mon. in Feb. to first Sat. in June)</small>
Baseball	Basketball	Badminton
Cheerleading Exhibition	Cheerleading Competitive <small>(NBIAA Championships 2nd Sat. in May)</small>	Rugby
Cross Country	Curling	Track & Field
Golf	Hockey <small>(Oct 1)</small>	Volleyball
Field Hockey	Wrestling	
Football		
Soccer		
Softball		
Swimming <small>(NBIAA Championships 2nd Sat. in Dec.)</small>		

Violations of Seasons of Play

- a) Violations of the seasons of play by a school shall be reported to the school’s Conference President and to the NBIAA Executive Director. Such reports of violations must be corroborated with first hand evidence of individuals who, through their institutions, are members of the Association. All such reports must be in writing.
- b) Violation reports received by the Executive Director will be dealt with by the NBIAA Executive Committee immediately. Penalties imposed are at the discretion of the Executive Committee and may result in the individual or team at fault being ruled ineligible for NBIAA competition for a specified period.
- c) Any school found in violation of the seasons of play policy and penalized may appeal the penalty within 48 hours of notification of penalty.

18.4 Limits of Games per season per sport

The regular season would count all league games, exhibition games, controlled scrimmages and tournament games *. Regional and Provincial Championships would not be counted as part of the ‘regular season’.

*The minimum guaranteed games per team at a tournament will count towards the season limit.

Hockey: If you have playoffs that are best 2 out of 3, 2 games count and if they are best 3 out of 5, 3 games count.

The following maximum numbers of games per regular season will be as follows:

SPORT	MAXIMUM NO. OF GAMES/ MATCHES	SPORT	MAXIMUM NO. OF GAMES/ MATCHES
Baseball	12 Games	Sr. Basketball	32 Games
Field Hockey	<u>20</u> Games	Jr. Basketball	28 Games
Football	10 Games	Sr. Volleyball	36 Matches
Sr. Soccer	20 Games	Jr. Volleyball	30 Matches
Jr. Soccer	18 Games	Rugby	12 Games
Softball	15 Games	Ice Hockey	40 Games

It is important to note that every game or match in each sport differs in length of playing time and physical intensity. The safety of the student-athlete is a major factor in the number of games or matches per competition day.

The penalty for violations of game limits may result in the following:

- i. Be ineligible for participation in NBIAA provincial playoffs within the same season of play.
- ii. Fined up to \$1000
- iii. Head coach to be ruled ineligible for participation within the next season of play.
- iv. Be subject to any or all of the above mentioned penalties or to alternative penalties as determined by the NBIAA Executive Committee.

18.5 Competitions outside the immediate area (more than one hour away) that are held in the evening before a school day shall be restricted to one game a week. Traveling times to go to these competitions shall be a maximum of four (4) hours round trip.

18.6 All league and exhibition competition shall be held outside instructional hours with the following exception: each NBIAA team will be permitted to apply to the principal of the school to participate in "two" organized activities per season when the activity is scheduled to occur AFTER 1:00 p.m. on a Friday afternoon or have the option to combine the two half days into "ONE" full day on a Friday (in which case the activities can begin before 1 p.m.).

Recognizing that extraordinary circumstances arise from time to time and communication from the school Principal needs to be addressed with superintendents for approval. Communication needs to be sent to the NBIAA office when they arise.

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All regionals and provincial competitions shall be held no earlier than 1:00 p.m. on a Friday, however competitions will be allowed to begin at 10 a.m. if deemed necessary. These competitions are an addition to the exception noted above.

If necessary and after consulting with the school principal, students traveling to school activities will be allowed during instructional hours. (Example: leaving early due to distance and daylight) The loss of instructional time will be limited to no more than three instructional days per activity for regular season play.

18.7 The loss of instructional time during regional and provincial competitions may be necessary.

18.8 A student is eligible to compete in one (1) major activity per season. A guideline for a major activity is one that may practice at least 3 times a week.

18.9 All students should be given the opportunity and encouraged to participate in a variety of activities.

18.10 Expectations regarding appropriate conduct must be explicitly stated and clearly communicated to all involved.

18.11

- a) Behavioural standards will conform to the requirements of the Education Act, as well as, provincial, district and school policies.
- b) Student-athletes must remain fully clothed in the appropriate team uniform in the competition area, AND use the designated locker room or change area to change to and from competition attire.
- c) Players are banned from using cell phones during NBIAA competition and cell phones are not allowed for use by students acting as minor officials at conference /regional/provincial championships.
- d) Mercy Rule: To promote fair and equitable competition in all contests and to recognize the educational need to control games involving teams that are over-matched, a mutual agreement between the involved officials and coaches is determined in order to implement strategies to complete the game by limiting the negative experience. (Exceptions made in the following sports: baseball, softball)

18.12 Open activities (open gym/field/rink/pool or other facility) may be conducted by member schools, providing they are approved and scheduled by the school principal. The open activities are for recreational purposes for which all students are invited to participate. Adults involved in such activities should be solely for the purpose of supervision and under no circumstances should be instructing, teaching skills or coaching at any time. In addition, the NBIAA will conclude that out of season coaching is taking place if those attending the open activities are only members of one athletic team including 1 or more of its coaching staff.

18.13 A - Gender Participation Principles

Gender eligibility in NBIAA competition shall be in line with the following sanctioning of calendar activities by the Association:

Badminton	Boys, Girls, Mixed
Baseball	Open
Basketball	Boys, Girls
Cheerleading	Open
Cross Country	Boys, Girls
Curling	Boys, Girls, Mixed
Golf	<u>Open</u>
Field Hockey	Girls
Football	Open
Ice Hockey	Boys, Girls
Rugby	Boys, Girls
Soccer	Boys, Girls
Softball	Girls
Swimming	Boys, Girls
Track & Field	Boys, Girls
Volleyball	Boys, Girls
Wrestling	Boys, Girls

The onus is on individual member schools to provide programs consistent with the Association’s sanctioned activities. A female-athlete may try-out for the team of the opposite gender within the school, but is encouraged to participate in the appropriate gender category.

At the ASSOCIATION level:

- girls have access to participate in all 17 activities
- boys cannot participate in field hockey and softball

B – Transgender Policy

Any transgender student-athlete may participate fully and safely in sex-separated sports activities in accordance with his or her gender identity.

OPERATING REGULATIONS

OPERATING REGULATIONS

18.14 Calendar Dates - If the deadline falls on a Saturday, Sunday or holiday, the deadline date remains in effect.

Activity	Registration & Withdrawal Dates	Players’ List & Fees	<u>League play can begin</u>	<u>League play to be completed</u>
Baseball	Registration: June 1 Withdrawal: Sept. 5	Sept. 20	<u>Sept. 8</u>	<u>Sept. 27</u>
Field Hockey	Registration: June 1 Withdrawal: Sept. 5	Sept. 20	<u>Sept. 8</u>	<u>Oct. 25</u>
Football	Registration: June 1 Withdrawal: Sept. 5	Sept. 20	<u>Sept. 8</u>	<u>Nov. 1</u>
Golf	Registration: June 1 Withdrawal: Sept. 5	Sept. 20	<u>Sept. 8</u>	<u>n/a</u>
Sr. Soccer	Registration: June 1 Withdrawal: Sept. 5	Sept. 20	<u>Sept. 8</u>	<u>Oct. 25</u>
Jr. Soccer	Registration: June 1 Withdrawal: Sept. 15	Sept. 20	<u>Sept. 8</u>	<u>Oct. 18</u>
Softball	Registration: June 1 Withdrawal: Sept. 5	Sept. 20	<u>Sept. 8</u>	<u>Sept. 27</u>
Cross Country	Registration: June 1 Withdrawal: Sept. 15	Sept. 20	<u>Sept. 8</u>	<u>n/a</u>
Cheerleading Exhibition (Fall)	June 1	Sept. 20	<u>Sept. 8</u>	<u>n/a</u>
Ice Hockey	Oct. 15	Nov. 15	<u>Nov. 10</u>	<u>Mar. 6</u>
Swimming	Oct. 15	Nov. 1	<u>Oct. 15</u>	<u>n/a</u>
Basketball	Nov. 1	Nov. 30	<u>Nov. 10</u>	<u>Jr. - Jan. 31</u> <u>Sr.- Feb. 7</u>
Wrestling	Nov. 1	Dec. 15	<u>Nov. 10</u>	<u>n/a</u>
Cheerleading (Winter)	Dec. 15	Jan. 15	<u>Nov. 10</u>	<u>n/a</u>
Curling	Dec. 15	Jan. 15	<u>Dec. 15</u>	
Badminton	Feb. 15	March 20	<u>Feb. 29</u>	<u>April 3</u>
Volleyball	Feb. 25	April 1	<u>Feb. 29</u>	<u>Jr. - Apr. 24</u> <u>Sr.- May 8</u>
Rugby	April 7	April 30	<u>March 30</u>	<u>May 22</u>
Track & Field	April 30	May 15	<u>March 30</u>	<u>n/a</u>

O.R. 19 - TIE BREAKING POLICY

The order of rankings will be decided with this tie breaking policy for all NBIAA sporting events.

- Part A** **If two teams are tied:**
- a) the record between the two teams
 - i. volleyball - match / sets
 - b) points (goals) against between the two teams
 - c) points (goals) against in the league / tournament
 - d) full sudden death game – neutral site
- Part B** **If three or more teams are tied:**
- a) record among the teams tied
 - b) (+) (-) game differential involving tied teams
 - c) (+) (-) point differential involving tied teams
 - d) points against among the teams tied
 - e) points against in the league / tournament
 - f) points for in the league / tournament

For reference in using tie breaking policy please keep in mind:

1. When using any of the above criteria to break a three-way tie the intent is to determine the highest not the lowest place finisher.

e.g.: If three teams are tied in standings and are also tied in their record against each other and the point differential is as follows:

A (+3)
B (-2)
C (-1)

Teams are no longer tied therefore standings would be A- 1st, C-2nd, B-3rd.

For the same situation with a point differential of A (+4), B (-2), C (-2). A would be 1st. We now have a two way tie between B and C for 2nd so we would revert to using criteria for a two way tie. (Record between tied teams).

For the same situation with a point differential of A (+2), B(+2), C (-2) we have a two-way tie for 1st so we revert to criteria for a two way tie for determining 1st and 2nd, C would be 3rd.